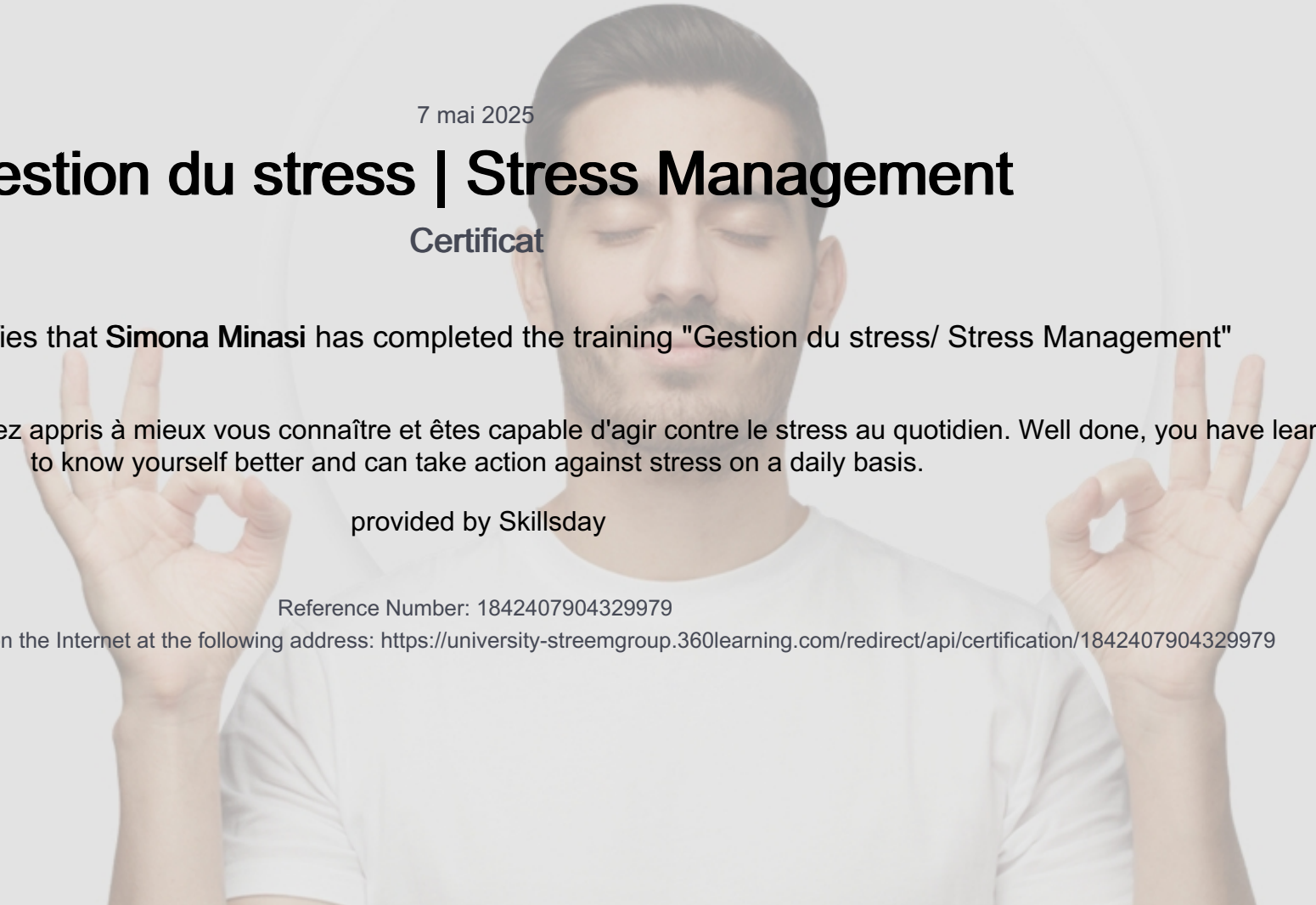




7 mai 2025

# Gestion du stress | Stress Management

## Certificat

This document certifies that **Simona Minasi** has completed the training "Gestion du stress/ Stress Management"

Course summary: Bravo, vous avez appris à mieux vous connaître et êtes capable d'agir contre le stress au quotidien. Well done, you have learned to know yourself better and can take action against stress on a daily basis.

provided by Skillsday

Reference Number: 1842407904329979

You can also find this document on the Internet at the following address: <https://university-streemgroup.360learning.com/redirect/api/certification/1842407904329979>